

1-1 COACHING SNEAK PEEK

HERE'S WHAT WE'LL BE COVERING IN OUR 1-1 COACHING SESSIONS. I TAKE A PERSONALIZED APPROACH TO COACHING, SO TOPICS MAY VARY DEPENDING ON WHAT YOU FEEL DRAWN TO EXPLORE.

WEEK 1 // INTIMACY WITH GOD

Evaluation of current relationship with God
Knowing God deeper + knowing your true self
How intimacy with God affects your leadership
The “Hidden Place”: inner healing + letting God meet you where your heart needs it most
Spirit-led core values and convictions

WEEK 2 // IDENTITY IN CHRIST

Where does your worth come from?
Identifying labels that have been placed on you by yourself or others
Tools + habits to replace lies with God-given truth
Holistic health: emotional, physical, spiritual
Why is identity so vital for Christian creatives?
Throwing out shame + accepting God’s grace for your mistakes

WEEK 3 // ACTIVATE YOUR DREAMS

What is your purpose?
What are your God-given dreams?
Discover who you feel called to serve
Learn how to leave impact with your creative gifts
Overcome insecurities, fears, setbacks, + accept the current season of life you’re in

WEEK 4 // PRACTICAL NEXT STEPS

Professionalism as a Christian creative (how to be in the world, but not of it)
Learn where to start when it comes to chasing your dreams
Define your first steps to achieving your God-given dreams
Take ACTION towards your creative calling
If applicable, get connected to creative professionals in your field of interest

*I CAN'T WAIT TO PARTNER WITH YOU IN
ACTIVATING YOUR DREAMS!*